# **Family School Wellness Locations**

Family School Wellness workers are accessible through the following schools and their communities:

Benalto: Benalto School

Bowden: Bowden Grandview School

Off Campus Learning Centre

Carstairs: Carstairs Elementary School

Hugh Sutherland School

Cremona: Cremona School

Delburne: Delburne Centralized School
Didsbury: Ross Ford Elementary School

Westglen School Didsbury High School

Didsbury Career High School

Elnora: Elnora School

Innisfail: Chinook Center School

École John Wilson Elementary School

Innisfail Middle School

Innisfail Junior Senior High School Innisfail Career High School

Olds: École Olds Elementary School

Deer Meadow School Olds Senior High School Olds Career High School Horizon Alternate Program Olds Koinonia Christian School

Reed Ranch School

Penhold: Jessie Duncan School

Penhold School

Poplar Ridge: Poplar Ridge School

Red Deer: River Glen School

Chinook's Edge Career High School

- Red Deer Campus

Spruce View: Spruce View School

Sundre: River Valley School Sundre High School

Sundre Community Learning Centre

Sylvan Lake: École Steffie Woima School

École Fox Run School C. P. Blakely School H. J. Cody School

Sylvan Lake Career High School

Neudorf Colony, Pine Hill Colony and Rainbow Colony

#### Family School Wellness is operated by:

Telephone: 403-227-7070

Chinook's Edge School Division No. 73 4904 - 50 Street Innisfail, AB T4G 1W4



#### Family School Wellness is in partnership with:

Child and Family Services Authority Region 4



...and Family and Community Support Services located in:

Bowden Sundre
Benalto Sylvan Lake
Spruce View Innisfail
Elnora Olds
Delburne Penhold

Didsbury Red Deer County
Carstairs Mountain View County
Cremona and surrounding areas.



# Family School Wellness Program

Chinook's Edge School Division No. 73





Children Families Community School

# **Program Description**

The Family School Wellness Program is a confidential, voluntary, preventative service offered to children, youth and families. It is available to all children aged birth to eighteen and their families. Family School Wellness is available year round and is free of charge. Services can be offered through the school, at your home, or in the community.

## Referral

Any member of the community requiring family related support or information may access the program. Children are welcome to make one self-referred visit prior to parental or guardian consent. Contact your Family School Wellness Worker through your child's school, or your local Family and Community Support Services.



### **Services Offered**

### Family School Wellness workers are qualified to:

- ✓ Provide support services to families and children facing social, emotional or family challenges
- ✓ Promote effective communication and parenting skills
- ✓ Offer short term individual or family support
- ✓ Build skills with students in small groups
- ✓ Assist in finding information and resources such as counseling, after hours crisis response workers or legal advice
- ✓ Advocate within the school or community at large
- ✓ Promote preventative opportunities within the schools and community
- ✓ Collaborate with community agencies

